

The Colin Morath Memorial Trophy

Position	Club	'Countback' Total		% Change
		Race 5 21-22	Race 5 22-23	
1	Valley Striders	10406	7758	25.4
2	Rothwell Harriers	19372	14999	22.6
3	Kirkstall Harriers	21931	17184	21.6
4	Wharfedale Harriers	23381	18461	21.0
5	York Tri Club	31516	25021	20.6
6	Airecentre Pacers	19382	15669	19.2
7	Nidd Valley Road Runners	20949	17650	15.7
8	Ilkley Harriers	20928	17930	14.3
9	Wetherby Runners	25572	23749	7.1
10	St Theresa's AC	16247	15436	5.0
11	Eccleshill Road Runners	36441	37871	-3.9
12	Bradford Airedale AC	30085	31712	-5.4
13	Roundhay Runners	10443	11552	-10.6
14	Kippax Harriers	19478	21995	-12.9
15	Abbey Runners	11225	12843	-14.4
16	Ackworth Road Runners	20600	24160	-17.3
17	Horsforth Harriers	18427	21717	-17.9
18	Harrogate Harriers	13066	15783	-20.8
19	Dragons RC	28517	34955	-22.6
20	Saltaire Striders	15658	19254	-23.0
21	Chapel Allerton Runners	13719	16927	-23.4
22	Hyde Park Harriers	9656	11917	-23.4
23	York Postal Harriers	16768	20766	-23.8
24	Knaresborough Striders	22700	28779	-26.8